



## Isolation and Quarantine Guidance

IDPH has adopted the Centers for Disease Control and Prevention (CDC) guidance on shortening isolation and quarantine periods for COVID-19 for the **general public** as of December 30, 2021.

CDC announced on [December 27, 2021](#) a reduction in the isolation periods for individuals with COVID-19 and a reduction in the quarantine period for those who are close contacts to someone with COVID-19. Schools should continue to follow the [IDPH COVID-19 School Guidance](#) for children who have received the primary vaccination series and are not eligible for booster doses after 6 months. Health care personnel and other specific groups and settings should continue to follow their respective guidance (see additional resources below). Guidance applicable to specific settings are currently being revised.

### Reduction in Isolation Period for Those Testing Positive for COVID-19

- Everyone who has tested positive for COVID-19, regardless of vaccination status, should stay masked when around others for 10 days following onset of symptoms, or if no symptoms for 10 days following date of positive test.
- Everyone who tests positive for COVID-19, regardless of vaccination status, should isolate for 5 days after onset of symptoms, or 5 days after date of positive test if no symptoms are present
- If the case has no symptoms or their symptoms have resolved after 5 days, they are released from isolation after 5 days. They should continue to wear a mask around others for 5 additional days.



## Reduction in Quarantine Period if You are a Close Contact to Someone with COVID-19

<p>If you: Are eligible for boosting and have been boosted<sup>1</sup> OR Completed the primary series of Pfizer or Moderna within the last 6 months OR Completed the primary series of J&amp;J vaccine within the last 2 months</p>	<p>Wear a mask around others for 10 days  Test on day 5, if possible  If a person develops symptoms, they should immediately quarantine until a negative test confirms symptoms are not caused by COVID-19</p>
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<p>If you: Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted OR Completed the primary series of J&amp;J over 2 months ago and are not boosted OR Are unvaccinated</p>	<p>Stay home for 5 days. After that continue to wear a mask around others for 5 additional days  Test on day 5, if possible  If a person develops symptoms, they should immediately quarantine until a negative test confirms symptoms are not caused by COVID-19</p>
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<sup>1</sup> Children who have received the primary vaccination series and are not eligible for booster doses after 6 months should not be excluded from school after close contact unless they develop symptoms and test positive for COVID-19.

### Additional Resources

General public: <https://www.cdc.gov/media/releases/2021/s1227-isolation-quarantine-guidance.html>

Health Care Workers: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/mitigating-staff-shortages.html>

Correctional facilities: <https://www.cdc.gov/coronavirus/2019-ncov/community/correction-detention/guidance-correctional-detention.html?deliveryName=DM26232>