

## **Home Delivered Meals**

Home Delivered Meals is a service that was approved by the Centers for Medicare & Medicaid Services (CMS) for Adult Day Health Care (ADHC) Waiver participants through the ADHC Waiver Appendix K document due to the COVID-19 Public Health Emergency (PHE).

# **COVERED SERVICE**

The purpose of Home Delivered Meals (HDMs) is to assist participants in meeting their nutritional needs to support and maintain self-sufficiency and enhance their quality of life. HDMs includes up to two nutritionally balanced meals per day to be delivered to the home of an ADHC Waiver participant. The HDM is to provide the beneficiary a minimum of one-third of the current recommended dietary allowance (RDA) as adopted by the United States Department of Agriculture (USDA). The provision of HDMs does not provide a full nutritional regimen. The meal is delivered to the participant's home.

#### **Service Limitations**

HDMs are limited to two (2) per day. It is permissible for participants to have some meals delivered daily and others delivered in bulk by different providers as long as the maximum of two (2) meals per day is not exceeded. The maximum cost is \$7 per meal.

ADHC providers **CANNOT** bill for HDMs on the days that the ADHC Waiver participant attends the ADHC center in person.

#### NOTE: ADHC Waiver participants may receive HDMs from both the ADHC provider and/or another authorized HDM provider, as long as they do not exceed the limits stated above.

## SERVICE ACCESS AND AUTHORIZATION

Authorization for HDMs is issued according to the POC. The PA must be for a minimum of four (4) meals per week, up to a maximum of 14 meals per week, not to exceed the limit of two (2) meals per day. A service unit is one meal. This provider type uses Louisiana Service Reporting System (LaSRS®) to retrieve PAs, but does not utilize LaSRS® to document the provision of services. The provider may bill, using the proper PA, after services are delivered.

## **PROVIDER REQUIREMENTS**

HDMs can be provided by a HDM or ADHC provider.

#### HDM Provider Requirements:

1. Is enrolled in Medicaid as a HDM's provider; and

2. For in-state providers (including their subcontractors) - Has met all Louisiana Office of Public Health (OPH)'s certification permits/licenses and inspection requirements for retail food preparation, processing, packaging, storage, and distribution; or

3. **For out-of-state providers** - Has met all of the United States Department of Agriculture (USDA) certification requirements. Has met all certification permits/licenses and inspection requirements in the state of operation for food preparation, processing, packaging, storage, and distribution requirements.

### ADHC Provider Requirements:

1. Is licensed by the LDH Health Standards Section (HSS) as an ADHC provider in accordance with Louisiana Revised Statute 40:2120.47;

2. Has enrolled in Medicaid as an ADHC provider; and

3. Is listed on the ADHC FOC form. **NOTE: Qualifications for ADHC staff are set forth** in the licensing regulations found in the Louisiana Administrative Code (LAC).

4. Must follow the Guidance for Home Delivered Meals-Prepared in the ADHC center's Kitchen and Delivered by ADHC Personnel or Volunteers document found at the following link:(<u>https://ldh.la.gov/assets/docs/OAAS/ProviderMemos/OAAS-P-20-019-Guidelines-for-ADHC-Home-Delivered-Meals-I-4-15-20.pdf</u>)

## **RECORD KEEPING**

See below for specific information regarding documentation of HDM service:

Home Delivered Meals Providers	
Copy of Invoice	Document delivery of meals to home, including number of meals delivered/shipped, date of mailing, and price per unit.

## REIMBURSEMENT

Reimbursement for HDMs must not exceed the set rate. The provider uses the PA to bill for services after the meals have been delivered. Providers may span date bill for up to a two weeks supply of meals.