

# Brief Biosocial Gambling Screen

**To screen for potential gambling-related problems, answer the following questions:**

During the past 12 months, have you become restless, irritable or anxious when trying to stop/cut down on gambling?

During the past 12 months, have you tried to keep your family or friends from knowing how much you gambled?

During the past 12 months, did you have such financial trouble as a result of your gambling that you had to get help with living expenses from family, friends or welfare?

Answering “yes” to any single item indicates potential gambling-related problems and the need for additional evaluation.



You can also take the quiz online at <https://bit.ly/bbgs-e-screen> or by scanning the QR code.