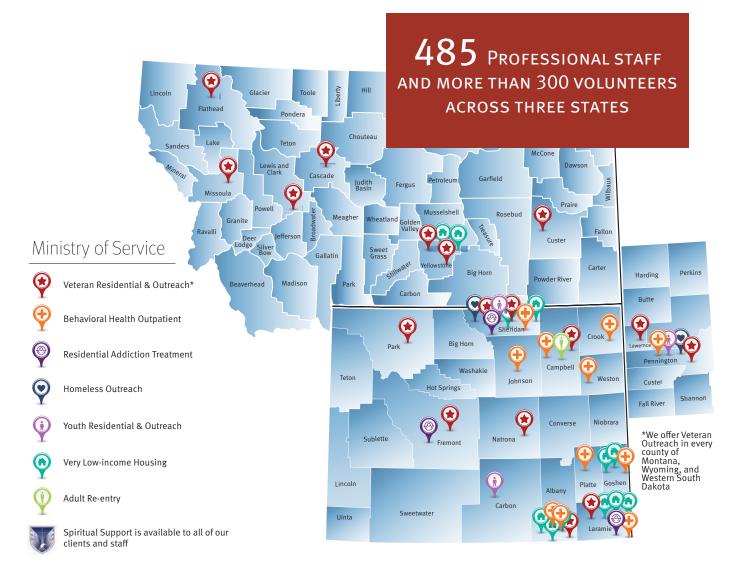


### NORTHERN ROCKIES Impact Report

## **VOA** NORTHERN ROCKIES



### **MISSION**

We serve to harness hope and re-shape futures through a faith-based ministry.

VISION

*Everyone living in the* fullness of a healthy body, *mind, and spirit.* 

VALUES Servant Leadership demonstrated

through Compassion, Respect, Excellence, Communication, and Integrity.

280,217

Days of compassionate care provided for our neighbors in need



As I reflect on the accomplishments VOA made in This year, we prioritized becoming an employer of 2024, I am filled with gratitude for you, the donors and choice as a strategic initiative. Providing personal and stakeholders, who enabled us to achieve tremendous professional development opportunities to staff, along mission impact. Together, we re-shaped the futures of with significant technological investments to promote 10,065 individuals and families, while also building a employee retention and engagement. As we continue strong foundation for continued excellence in service to adapt to the evolving needs of both clients and staff, delivery. I am excited about the opportunities ahead VOA remains committed to optimizing service delivery to deepen our mission impact, helping the most while fostering a culture of servant leadership. vulnerable individuals.

I am excited about the We provided more than 280,000 days of compassionate care for our neighbors in need across Montana, opportunities ahead Wyoming, and Western South Dakota. Your generosity is changing the lives of individuals, families, and even to deepen our mission generations. impact, helping the most Our combined efforts, along with God's abundant blessings, raised in excess of \$16.5 million to fund vulnerable individuals. critical capital projects across the region that will enhance and expand service delivery for years to come. This accomplishment would not have been possible We are grateful for your support and partnership, which without unwavering support from our board, executive makes a lasting difference in the lives of those in need. Thank you for being an integral part of the VOA family. leadership, staff, and generous donors like you.

As Wyoming's leader in behavioral health care, VOA Warm regards, delivers compassionate, comprehensive services that empower individuals to fully embrace a healthy body, mind, and spirit. Our approach balances physical, mental, and spiritual well-being, ensuring that clients receive holistic support that promotes recovery, Jeff Holsinger CEO, VOA Northern Rockies resilience, and community reintegration.

10,065

Individual futures re-shaped through VOA last year

### Jeff Holsinger, CEO

## Veteran Residential & Outreach



VOA believes every Veteran deserves dignity and respect. Driven by our commitment to uplift those who have bravely served our country, VOA's Veteran Services programs empower Veterans, helping them reclaim their lives and embrace promising futures, moving beyond mere handouts to meaningful support and opportunities.

### **Veteran Housing Services**

Supportive Services for Veteran Families helps Veterans experiencing a housing crisis across all of Montana and Wyoming. Housing is the foundation of employment and reintegration. Eligible Veterans receive case management, short-term financial assistance, and referrals to Department of Veterans Affairs and other community resources. The program is focused on helping Veterans and their families find and maintain permanent housing.

### **Veteran Employment Services**

The Homeless Veterans' Reintegration Program is an employment-focused program for homeless Veterans, supported by the Department of Labor. The program helps homeless Veterans achieve gainful, long-term, and meaningful employment. We provide a network that ensures a continuum of care to address gaps in service and helps Veterans find and stay employed by working with community service providers and employers.

## 1,785



Veterans successfully exited our programs with stable income and housing



### Suicide Prevention - Moral Distress

VOA's Moral Injury Programs provide communitybased upstream suicide prevention with funding from The Staff Sergeant Parker Gordon Fox Suicide Prevention Grant. We meet the needs of Veterans. Service Members, and their families with peerlead groups, outreach, education, workshops, and retreats that provide connection and new hope for Veterans across Montana, Wyoming, and Western South Dakota.

### **Veteran Transitional Housing**

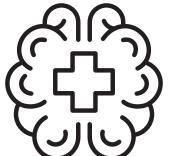
We operate two transitional living facilities; Independence Hall in Billings, Montana and Freedom Hall in Sheridan, Wyoming. These facilities create supportive environments where Veterans have a safe and secure place to call home while they prepare to transition into permanent housing.

# Behavioral Health



Our goal is to empower clients to become better versions of themselves. For those facing a crisis, addiction, or in need of long-term mental health assistance, we are here to provide tailored support for clients of all ages.





Individuals served through our behavioral health outpatient & residential addiction treatment programs



Successfully graduated from VOA's residential addiction treatment \*National Average is 49%

VOA's continuum of care includes a wide range of behavioral health services, from outpatient therapy to residential addiction treatment.

### **Counseling Services**

Counseling services help individuals of all ages with a range of supportive options:

Individual Therapy: Personalized sessions focused on specific mental health challenges.

The Gathering Place: Residential treatment center that offers substance abuse treatment Family Therapy: Help for families navigating to women in Sheridan, Wyoming. dynamics and conflicts, fostering communication and support.

The Life House & Harmony House: Residential treatment centers that offer substance abuse **Group Therapy:** Sessions that allow individuals treatment to men in Sheridan and Cheyenne, to connect with others facing similar challenges. promoting shared experiences and strategies. Wyoming.

### **Psychiatry Services**

Psychiatry services are crucial for individuals requiring medication management and holistic care. Our trained psychiatrists work closely with clients to:

**Recovery Homes:** Provide men and women a safe and structured living environment for Assess Needs: Comprehensive evaluations to individuals who are self-sustaining, but require determine the best treatment approach. a minimal level of support and assistance to maintain recovery from alcohol, drug, or Medication Management: Ongoing supervision gambling abuse.

and adjustments to medication as needed to ensure optimal mental health.

### **Supportive Housing**

When mental health concerns escalate, our crisis stabilization services offer immediate As a vital component of our mental health assistance through Serenity Place with continuum of care, we proudly operate locations in Sheridan and Cheyenne, Wyoming. transitional living facilities in Wyoming. These facilities provide a safe environment for Providing housing and comprehensive case individuals in crisis, focusing on stabilization management to promote the development of and then helping to transition clients to the next appropriate level of care. independent living skills.

### **Residential Addiction Treatment**

- Addiction treatment programs rebuild lives by providing comprehensive alcohol and drug treatment services to individuals, families, and communities. We offer a full continuum of care, which includes assessment services, outpatient treatment, social detox, and residential care, ensuring that all aspects of recovery are addressed to support lasting change.

Center of Hope: Offers three days of close observation, as well as 14 days of social detoxification, and as many as three months of transitional living for those on their recovery journey in Riverton, Wyoming.

### Sub-acute Crisis Stabilization

# Eric's Story

Eric, a Veteran who served three deployments between Iraq and Afghanistan, faced challenges many cannot imagine. His journey with VOA began through a simple conversation at the local Veterans hall, where organizations gather to connect and support those who have served. A friend introduced him to a VOA Moral Injury Specialist, and from there, Eric's life started to shift in a meaningful way.

Eric was living sparsely in a small, apartment that barely felt like a home. The walls echoed the solitude that defined Eric's life. His space reflected a struggle with underhousing, where basic comforts were sacrificed for survival. Despite the challenges he faced, there was a quiet resilience in Eric, hinting at hopes for a future that transcended the confines of his current existence.

Eric attended a VOA Moral Injury retreat in Ten Sleep, Wyoming, a transformative experience which helped him to open up about the moral injuries he carried from his service. "I met some cool people and was able to open up about some of the moral injury," Eric shared. The retreat not only provided a safe space for Eric to process his experiences but also introduced him to a community that understood the unique challenges Veterans face.

After the retreat, VOA reached out to Eric with an opportunity to serve others. Though he initially hesitated, Eric decided to become an instructor for a moral injury group. "I like helping people—any way I can," he explained. For Eric, helping others meant more than just lending a hand; it meant creating a space where Veterans could share and heal.

He underwent training to become an instructor and began facilitating groups in Lander, Wyoming. While that first group faced challenges, Eric gained valuable insights. "What I learned is that often, when we want to quit and simply isolate ... I think we really need to do the work and push through – because there is hope on the other side," he reflected, emphasizing the importance of persistence and adaptability in creating meaningful support systems.

179

Veterans considering suicide found life-changing support through VOA Moral Injury Programs



80%

Veterans successfully found hope and a better life after exiting SSVF



Eric's involvement with VOA has had a profound impact on his own life. "Before the retreat, I often felt the need to isolate," he admitted. Through the retreat and his role as an instructor, he's seen positive changes in himself, including a greater willingness to connect with others. "The people are very friendly; they truly care," he said. Eric noted that VOA's Christian-based approach is never forceful. As someone who identifies as more spiritual than religious, this inclusive attitude resonated deeply with him.

When asked what he would say to other
Veterans hesitant to seek help, Eric highlighted
the supportive and inclusive nature of VOA.
He recalled attending a town hall-style forum,
where he shared his experiences and answered
questions from the community. "That was
really beneficial—explaining the program but
also sharing firsthand experience," he said.

also sharing firsthand experience," he said.By opening up, helping others, and embracing<br/>the support around him, Eric has not only found<br/>his own path to healing but has also become a<br/>guiding light for others.

Eric's journey with VOA demonstrates the power of community, understanding, and a willingness to take the first step toward d healing.

## Homeless Outreach

Offering a variety of supportive outreach services tailored to meet the unique needs of individuals and families in Sheridan, Wyoming, and Western South Dakota who are facing homelessness.

### **Community Outreach Program**

The Community Outreach Program is a vital lifeline for our neighbors struggling with homelessness. As a housing first program, it provides case management-driven solutions for homeless families and individuals in Sheridan and the Black Hills.

VOA is dedicated to providing essential services such as homeless prevention, rapid rehousing, and emergency shelter as funding allows. The programs rely on community funding to ensure that those in need receive comprehensive assistance tailored to their unique situations. By fostering collaboration and engagement, these programs not only address immediate needs but also empower individuals to achieve stability and improve their overall quality of life.

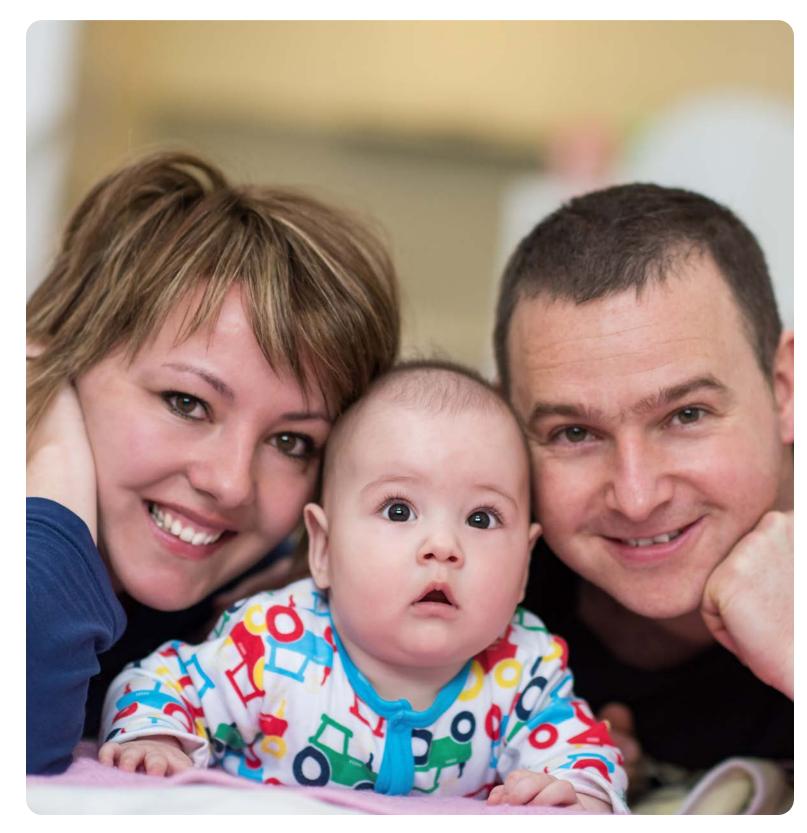
Additionally, our Community Outreach Program in Western South Dakota, provides crisis intervention and emergency resources – including VOA's food pantry which offers vital support to individuals facing food insecurity. We provide comprehensive case management in partnership with the Black Hills Regional Homeless Coalition to address homelessness and other stability challenges faced by individuals in need.

2,450

Homeless individuals and families found hope in through VOA's outreach programs



Diapers distributed to Western South Dakota families in need



### Mommy's Closet

Mommy's Closet serves very low-income families with children up to five years old in the Black Hills of South Dakota. The diaper bank not only supplies essential items like diapers and formula, but also offers a supportive environment for parents to access the help they need around housing, education, and employment. Our caseworkers assist parents in overcoming barriers to self-sufficiency and provide crucial resources, including referrals and parenting classes, to help stabilize their families.

# Youth Residential & Outreach



For more than 35 years, VOA has served at-risk children in Sheridan, Wyoming, making a positive impact in the community. Our programs focus on children and youth, providing essential services that foster independence, stability, and personal growth.

131



275

Kids served through our youth programs last year

### **Milestones Youth Home**

Milestones Youth Home in Sheridan, Wyoming provides a structured, supportive environment for children aged 10-17. This facility not only serves as a shelter but also focuses on instilling life skills and fostering social awareness, ultimately preparing children for reintegration into their families or communities.

### **Stepping Stones Youth Home**

Stepping Stones Youth Home in Rawlins, Wyoming mirrors our Sheridan home. This facility creates a nurturing atmosphere where children learn accountability and social skills, empowering them to navigate their futures successfully.

### Independent Living Program

The Independent Living Program in Sheridan, Wyoming equips homeless youth, especially those who have faced out-of-home placements, with essential life skills. Focused on employment, education, health, financial management, recreation, and helping build healthy relationships.

The program currently offers low or no cost apartments for four kids at a time, as well as a day center that serves as a safe space for kids in need of basic resources like computer and Internet access, laundry facilities, and a kitchen pantry.





Children in our Youth Homes reunited with their families

Children found support and a sense of belonging in our Youth Homes



### **Camp POSTCARD**

Camp POSTCARD (Peace Officers Striving To Create And Reinforce Dreams) offers a transformative experience for deserving fifth and sixth graders across Wyoming. This free week-long camp promotes positive relationships with law enforcement and criminal justice professionals, helping participants develop self-esteem, leadership, and important life skills. Campers engage in diverse activities, from outdoor adventures to team-building exercises, which cultivate respect, teamwork, and self-control.

79%

Kids successfully exited Independent Living with housing and stable income

## **VOA** NORTHERN ROCKIES FOUNDATION

## A Legacy of Giving



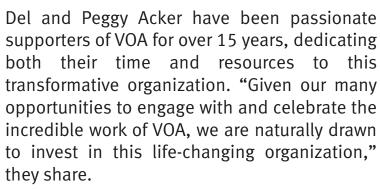
The VOA Northern Rockies Foundation was created to ensure the longevity of services and mission impact for generations to come. Gifts will leave a legacy that harnesses hope and re-shapes futures through the faith-based ministry of VOA forever.

The Foundation exists to gather, manage, and distribute resources to support the mission and priorities of VOA.

In it's first year of operation, the Foundation awarded four grants to support of Youth Residential & Outreach, Ministry, and Very Low-income Senior Housing programs at VOA.

The goals of the foundation, are to:

- Grow an endowment to address the longterm priorities of VOA,
- Manage endowment funds appropriately in pursuit of the objectives of the Foundation and VOA.
- Cultivate prospective donors and steward existing donors,
- Solicit cash, securities, real and intellectual property, and other private resources for the support of VOA,
- Acknowledge and steward gifts in accordance with donor intent and its fiduciary responsibilities,
- Distribute Foundation funds to VOA.



Throughout their involvement, the Ackers believe their support is a powerful way to foster have witnessed the profound impact of VOA positive change. "Our annual giving to support on vulnerable individuals and families. "We VOA's mission alongside a planned gift to the have seen firsthand the lifesaving changes so VOA Northern Rockies Endowment is one sound many desperate individuals and families have way to improve lives within our community and made thanks to the care, love, and faith of VOA region," they emphasize. professionals, staff, and volunteers," they note.

Through their commitment, Del and Peggy From addressing mental health challenges to exemplify the spirit of giving that fuels the combating homelessness and substance abuse, mission of VOA, making a lasting difference in VOA provides hope and a pathway to success for the lives of those who need it most. people of all ages and backgrounds. The Ackers

### **VOA Northern Rockies Foundation Board of Directors**



Del Acker





Galen Chase



In endowments supporting VOA Northern Rockies Foundation last year





Awarded last year in support of **VOA Northern Rockies** 



VICE CHAIR Barb Skelton



**SECRETARY & TREASURER Bob** Leibrich



# Very Low-income Housing





Creekside Cottage in Chevenne, Wyoming is Very Low-income Senior Housing: Our a supervised group home where residents independent living apartments for seniors live in a supportive group setting designed for operate as HUD 202 PRAC housing programs individuals with severe and persistent mental serving very low-income senior citizens and offer spacious, one-bedroom unfurnished illness. VOA provides the resources, education, training, skill development, and support apartments with kitchens, climate control, and free on-site laundry, as well as many on-site needed for growth, quality of life, and ultimately community inclusion. activities. (pictured below)

Our supportive housing facilities around On-site community administrators and service Wyoming provide limited assistance to residents coordinators play a vital role in overseeing who live almost independently, though staff the day-to-day operations, ensuring residents receive the highest quality of care. Through these work with residents on concurrent mental health programs, we are not only providing housing management plans, and are available to assist but also cultivating a sense of community and should the need arise. Residents have access to case management and other support from VOA belonging, significantly improving the quality of as they live with relative independence. life for the seniors we serve.





Penrose Place Sheridan, Wyoming Bell Park Tower Torrington, Wyoming



385

Very low-income seniors and individuals with serious mental illness housed

VOA offers essential long-term housing support for seniors and those with serious and persistent mental illness, with qualifying incomes.

We are committed to providing affordable housing while creating opportunities that promote healthy, independent, and high quality living while meeting the individual needs of residents.

Housing for those with Serious & Persistent Mental Illness: Ranging from Supervised Group Housing to Supportive Housing VOA provides tailored housing and assistance based on the needs of residents.





Aspen Grove Billings, Montana



Magic City Terrace Billings, Montana

# Ministry



The goal of our ministry is to: "See broken people physically, emotionally, and spiritually healed, thriving in their faith community as beloved citizens in Christ's Kingdom."

With the help of dedicated ministry partners, we offer Christ-centered services that seek to restore physical, emotional, and spiritual wholeness to those we serve throughout Montana, Wyoming, and Western South Dakota.

Embracing an ecumenical approach, our diverse ministers actively engage with local churches to provide worship services and spiritual growth. Our unique foundation as both a church and an auxiliary to the broader Christian church motivates us to pursue a mission of compassionate service.

Through the dedication of our more than 100 ministry volunteers, we offer meaningful opportunities for those we serve to grow their faith.

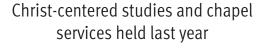
Our robust programming, particularly supporting the spiritual needs of those in residential treatment, is inspired by the adage from Proverbs 27:17, "Iron sharpens iron."

Our Faith Coach volunteers provide critical empathy and guidance, bringing hope and accountability to those on their recovery journeys.

Our Christ-centered groups and times of study encourage deeper engagement with God's word, instilling confidence and a shared understanding of His creation. Additionally, our inclusive chapel services unite clients, staff, and volunteers in worship and community, fostered by shared experiences of God's love.

Through <u>www.RecoveryPodcast.org</u>, we share inspiring stories and insights, extending our message of hope to all. We are committed to furthering this mission, making a lasting difference for those we serve.





Bill Daniels Chapel

1,200



Individuals dedicated their lives to Christ through baptism over the past 10 years

91%

Clients choosing to participate in our Christian Enhancement Program successfully graduated



## 168

Individuals chose to rededicate their lives to Christ or to be baptized



# Gabe Lapito

### **VOA Northern Rockies Board Chair**

As we celebrate the year's achievements, I am filled with pride and gratitude for the remarkable work of VOA Northern Rockies. This has been a year of strategic mission advancement. Together, we have made significant strides in addressing the critical needs of those we serve.

Looking forward to the year ahead, the Board of Directors remains focused on three strategic initiatives: investing in technology, enhancing the brand, and optimizing service delivery. In an evolving landscape of health and human services, embracing technology is essential to support staff and enhance client services. This investment not only improves our operational efficiency but also fortifies our relationships with stakeholders.

Brand enhancement is equally vital. In today's competitive market, we must be seen as an employer of choice, attracting and retaining talented professionals who are passionate about our mission. By strengthening our reputation and effectively communicating our impact, we aim to amplify our reach and effectiveness throughout the region.

We also recognize the need to maximize resources and diversify revenue. With 87 cents of every dollar going directly to client care, we are committed to ensuring financial stewardship while navigating complex funding streams. Last year our revenue exceeded \$60 Million, enabling us to compassionately serve 10,065 vulnerable individuals across our Montana, Wyoming, and Western South Dakota.

We are grateful for your support and pray for another great year ahead as we continue to harness hope and re-shape futures. Together, we can ensure that everyone has the opportunity to live in the fullness of a healthy body, mind, and spirit.

With heartfelt appreciation,

Gabe Lapito

Gabe Lapito Chair, Board of Directors

Together, we have made significant strides in addressing the critical needs of those we serve.





















The VOA Northern Rockies' Empty Bowl events in Sheridan and Cheyenne, Wyoming and Rapid City, South Dakota have made positive impacts on the lives of individuals and communities we serve. The funds raised during these events directly support essential services of VOA.

## Board of Directors













Amy Moon



Sidney Fitznatrick



leff Holsinger, CEO

#### 100% OF BOARD MEMBERS MEANINGFULLY SUPPORT VOA NORTHERN ROCKIES FINANCIALLY



**Premier Sponsor** 



# Amelia's Journey

In the heart of the Black Hills community, a story of resilience and hope unfolded – one that epitomizes the vital work of VOA Northern Rockies. Meet Amelia, a devoted mother whose life took an unexpected turn following the tragic loss of her children's father. Overwhelmed by grief and the sudden instability that followed, Amelia found herself and her two daughters facing homelessness as their world spiraled into uncertainty.

When Amelia first walked through the doors of VOA, she was seeking emergency shelter and assistance. The pressures of maintaining a safe space for her daughters became insurmountable.

Being homeless, especially with children, is a heartbreaking experience -a reality that no family should endure. VOA staff understood the urgency of her situation and acted swiftly to connect Amelia with services.

As part of our comprehensive support, we provided emergency shelter and access to our food pantry and essential family supplies, including diapers, wipes, and formula.

Our goal is clear: to help families like Amelia's from crisis to long-term stability by providing temporary assistance and the guidance to build a better life. Our approach encompasses not just a roof over their heads but also a nurturing environment that encourages personal growth and independence through financial resources, case management, and mental health support.

Amelia exemplified determination from the start. Described lovingly by her case manager as a "go-getter," she quickly took action. Within just a month of being placed in temporary housing, Amelia successfully secured a permanent home for her family, marking a new beginning for her and her daughters.

However, life threw an unexpected challenge at Amelia just a few months later. She called VOA to say, "My house caught on fire." Stunned, our team leapt into action, coordinating immediate assistance through the Red Cross for clothing and personal items, alongside Mommy's Closet to provide crucial hygiene supplies and food.

275



Parents received vital case management through Mommy's Closet

905

Parents and their children received diapers and care through Mommy's Closet



Throughout these challenges, VOA's broad with challenges like eviction, missed utility network of services and resources meant that payments, and unforeseen life circumstances. Amelia and her girls had the help they needed.

VOA's mission extends beyond merely addressing immediate needs, we are committed Amelia's journey is a testament to the strength and resilience that can emerge when people to helping balance the mind, body, and spirit are empowered with the right resources. of those who come to us for assistance in their time of need.

What truly defines Amelia's story is not just her struggles, but her unwavering dedication VOA stands as a beacon of hope, providing to her daughters and their future. As she faced care that empowers individuals, re-shapes families futures, and harnesses hope across each hurdle, we supported her belief that this was just a season — one she would overcome communities. to focus on building a stable life, pursuing education, and a fulfilling career. We are grateful for your support. It is your

generosity that cared for Amelia and her Many who encounter Amelia in everyday life daughters when life seemed hopeless. Because might never guess the nights spent sleeping in of you, 10,065 of your neighbors were able to her car, or the uncertainty that lurked around harness hope and re-shape their future. every corner.

And so, in Amelia's words, "Thank you -Yet her story is not unique. At VOA, we you changed my life and the lives of my recognize that countless families are hovering two daughters, we are forever grateful." near the brink of homelessness, grappling



### **VOA Northern Rockies**

1876 South Sheridan Avenue, Sheridan, WY 82801 307.672.0475 | www.VOANR.org



